



AUGUST FULL MOON RITUALS

FULL MOON MEDITATION

Duration: 40' | Instructors: All

A meditation session to celebrate summer's brightest full moon and its beauty. A session not to be missed in which all F Zeen's instructors will participate, enriched with the sounds of Tibetan bowls.

IDOR SPA RITUAL

SOUND HEALING THERAPY & MASSAGE

Duration: 1h 30'

Enter a new dimension, tuning your inner energy, mind and soul with sound therapy. Everything is made up of energy, each particle having its own frequency.

MOVIE SPECIAL NIGHT



APOLLO 13 (1995)

Duration: 2h 20'

Based on the events of the Apollo 13 lunar mission, astronauts Jim Lovell, Fred Haise and Jack Swigert find everything going according to plan after leaving Earth's orbit. However, when an oxygen tank explodes, the scheduled moon landing is called off.

